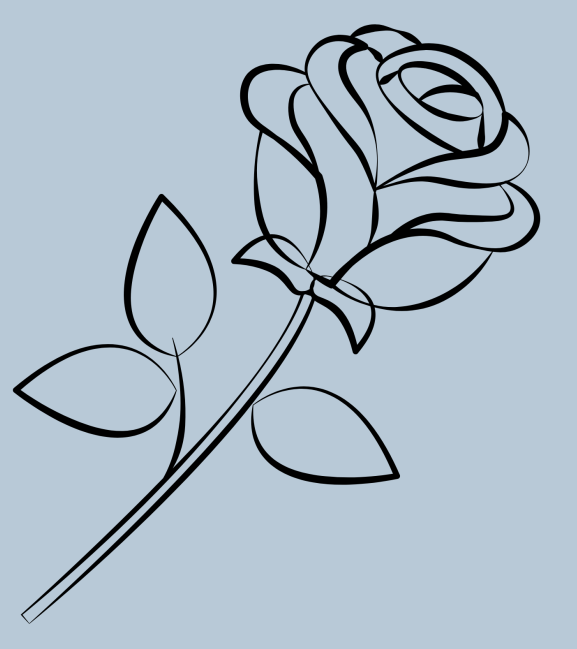
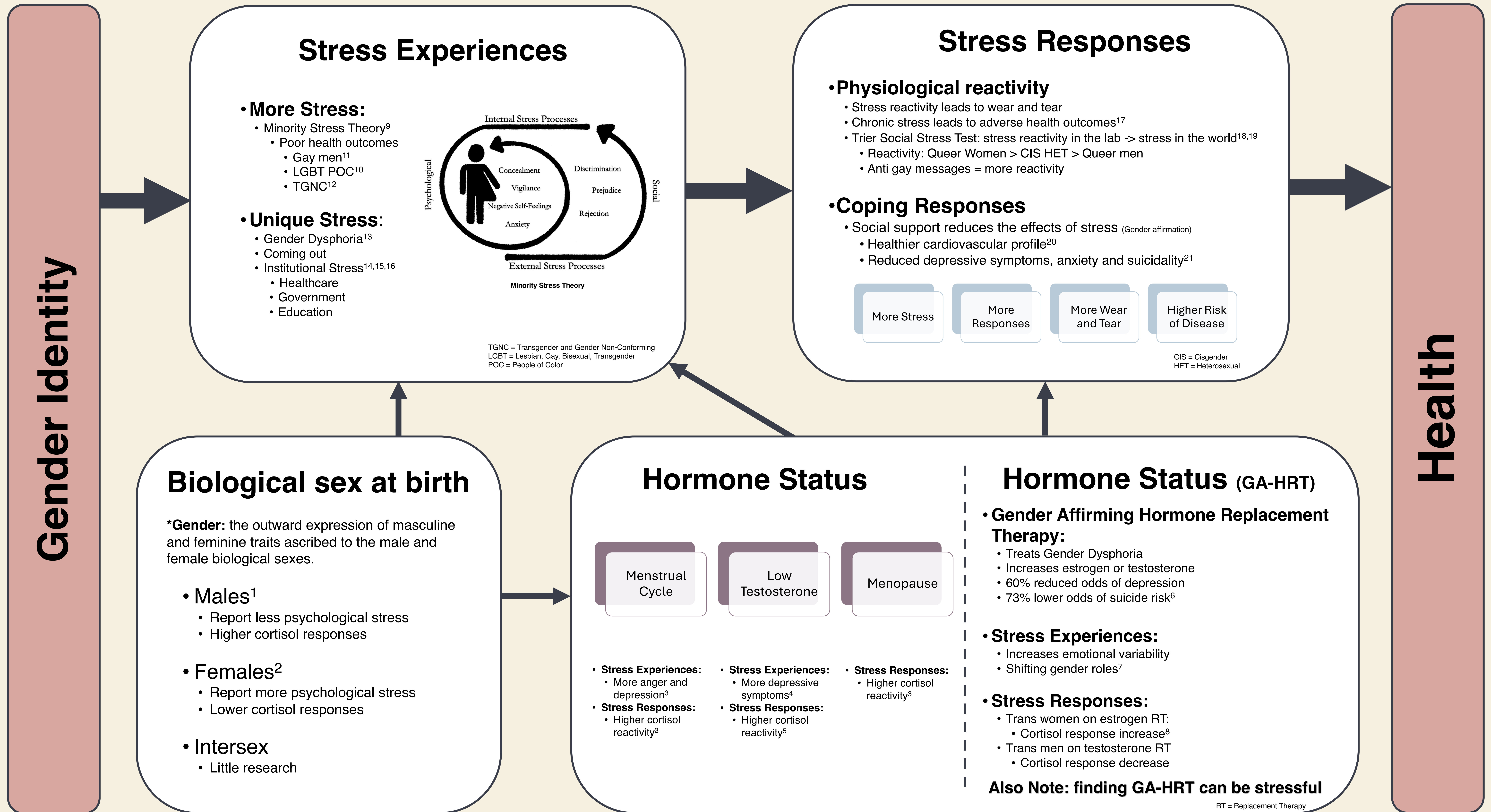


Gender identity differences in stress experiences and stress responses: a literature review & exploratory model

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"Give us our roses while we are still here" B. Parker



What's Next: North Dakota Transgender & Gender Non-Conforming Stress Survey



Examine associations between unique stress experiences and health!

- How is stress associated with depressive symptoms, anxiety, and self-reported health?
- Is the relationship between TGNC identity stress and health moderated by social support?
- Is access to gender affirming care a source of social support that buffers the effects of stress on health?

Social Support

- Online
- Family & Friends
- Gender Affirmation

Stress Experiences

- Gender Dysphoria
- Discrimination
- Institutional Barriers

Health

- Perceived Health
- Health Conditions/Concerns
- Depressive Symptoms
- Anxiety

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